

San Diego Society of Clinical Hypnosis

presents

Mindfulness and hypnosis to enhance and promote well-being.

Presented by:

Michael Yapko Ph.D.

SAN DIEGO SOCIETY OF CLINICAL HYPNOSIS invites you to join us for a complimentary presentation.

Tuesday, January 10th 2012
7:00 P.M. – 8:15 P.M.

At: Four Points by Sheraton, 8110 Aero Drive, San Diego, CA 92123
(Near the 805 and 163)

The focus of this short presentation is on clinical applications of key aspects of both hypnosis and mindfulness. Through deconstructing such processes, therapeutically relevant components will be identified and meaningful interventions constructed in novel ways to enhance well-being.

RSVP: Please respond by e-mail to CONTACTSDSCH@SDSCH.COM by December 27 to reserve your spot because space is limited. Or call Suzanne Marcus, Ph.D. at 858 622 9006 if you have any questions

For more information about the society, visit our Web site at:

[HTTP://WWW.SDSCH.COM/](http://www.sdsch.com/)

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