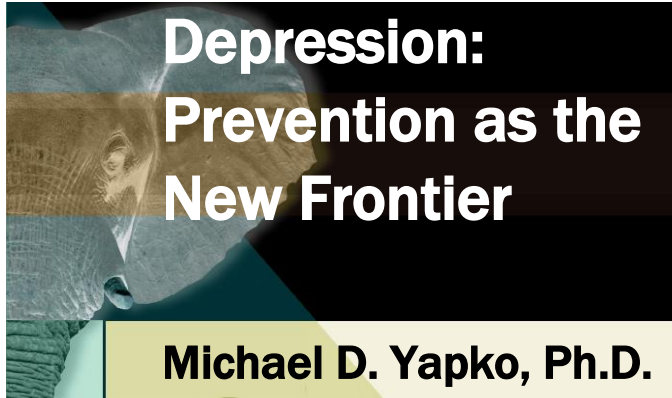
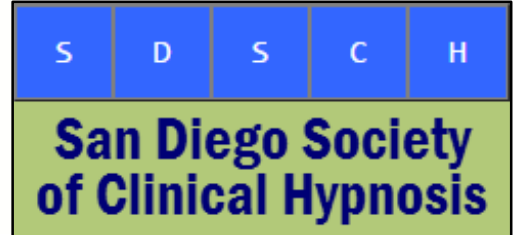




The Center for Integrative Psychology

Discovery, Community Collaboration & Social Action



Depression: Prevention as the New Frontier

Michael D. Yapko, Ph.D.

[Click here to register. Seating is limited.](#)

Friday, April 1st, 6:30-8:30pm

Wine & Cheese Reception begins at 6:00pm

Over the last decades, much has been learned about depression and its effective treatment. But no matter how effective, therapy remains an “after the fact” intervention, with the clinician striving to help find a more satisfying life. Have we learned enough to begin to shift our focus to prevention strategies? Proven prevention strategies will be described in terms of their structure and potential benefits for at-risk populations.

[Learn More](#)

Michael Yapko, Ph.D., is internationally recognized for his innovative work in treating depression with active, brief psychotherapies and experiential approaches, including hypnosis. He has been invited to present his ideas and strategic methods to colleagues in more than 30 countries across six continents. Among his 15 books, translated into nine languages, is *Hand-Me-Down Blues: How to Stop Depression from Spreading in Families*.



ALLIANT
INTERNATIONAL UNIVERSITY

2.0 Professional Credit Hours

This workshop meets the qualifications for continuing education credit. Alliant International University is approved by the American Psychological Association to sponsor continuing education for psychologists, by the California Board of Behavioral Sciences (provider #PCE234), and by the California Board of Registered Nursing (provider #CEP11235) to sponsor credit for marriage and family therapists, social workers, and registered nurses. CEUs pending, **CE Certificate \$35**.

Professionals \$10 / Students \$5 / FREE for SDSCH Members

EVENT LOCATION: Green Hall on the campus of Alliant University, 10455 Pomerado Rd., San Diego, CA 92131
[Click here for directions](#) - [Click here for campus map](#) - [CenterforIntegrativePsychology.org](#) - [SDSCH.com](#)